



Alzheimer's Awareness Month

June 2022

PTSD* Awareness Month

*Post Traumatic Stress Disorder

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1 National Pen Pal Day Continental Breakfast in GR 7:30 am - 10:30 am 1:30 pm Mahjong - GR	2 National Bubba Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	3 Doughnut Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Tai Chi in GR 2:00 pm Movie in GR 3:30 pm Bridge Group - LFT	4 Audacity to Hope Day 7:00 pm Rummikub Night - GR
5 Hot Air Balloon Day 	6 YMCA Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Freedom Home Care Exercise Class - GR 2:00 pm Movie Time - GR 6:30 pm Poker Group - CGR	7 World Food Safety Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Shopping Outing 3:00 pm Hand & Foot - GR 7:00 pm Rummikub - GR	8 Upsy Daisy Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Mahjong - GR 6:30 pm Special Presentation! Ed Bertram Sings Nat King Cole - GR	9 Donald Duck Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	10 Race Unity Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Tai Chi in GR 2:00 pm Movie in GR 3:30 pm Bridge Group - LFT	11 Belmont Stakes Day! 7:00 pm Rummikub Night - GR	
12 Loving Day 	13 Roller Coaster Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Freedom Home Care Exercise Class - GR 2:00 pm Movie Time - GR 6:30 pm Poker Group - CGR	14 Flag Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Shopping Outing 2:00 pm Bingo - GR 3:00 pm Hand & Foot - GR 7:00 pm Rummikub - GR	15 Worldwide Day of Giving 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Mahjong - GR 7:00 pm Starlight Stitchery-GR	16 Ladies Baseball Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	17 Root Beer Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Tai Chi in GR 2:00 pm Movie in GR 3:30 pm Bridge Group - LFT	18 Mermaid Day 7:00 pm Rummikub Night - GR	
19 Father's Day 	20 American Eagle Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Freedom Home Care Exercise Class - GR 2:00 pm Movie Time - GR 6:30 pm Poker Group - CGR	21 Summer Solstice 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Shopping Outing 2:00 pm Birthday Party 3:00 pm Hand & Foot - GR 7:00 pm Rummikub - GR	22 World Rainforest Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Mahjong - GR	23 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 2:00 pm Movie in GR 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	24 World UFO Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Tai Chi in GR 1:00 pm Book Club - GR <i>(No Movie due to Book Club)</i> 3:30 pm Bridge Group - LFT	25 National Catfish Day 7:00 pm Rummikub Night - GR	
26 Long Cabin Day 	27 PTSD Awareness Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Freedom Home Care Exercise Class - GR 2:00 pm Movie Time - GR 6:30 pm Poker Group - CGR	28 Lightening Safety Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Shopping Outing 2:00 pm Bingo - GR 3:00 pm Hand & Foot - GR 7:00 pm Rummikub - GR	29 World Camera Day 7:30 am - 10:30 am Continental Breakfast in GR 1:00 pm Mahjong - GR 6:30 pm Resident Variety Show in Great Room	30 Disabled Veteran's Day 7:30 am - 10:30 am Continental Breakfast in GR 10:30 am Freedom Home Care Exercise Class - GR 1:00 pm Shopping Outing 6:30 pm Mahjong & Dominoes 6:30 pm Poker Group - CGR	CC - Computer Center 2nd Flr CGR - Card, Game & Music Room LB - Library in Front Lobby LFT - Loft on 2nd Flr FL - Florida Room beside GR GR - Great Room PDR - Private Dining Room WC - Wellness Center - Lower Level 		