








Arthritis Awareness Month

May 2019

Mental Health Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>CC - Computer Center 2nd Flr CGR - Card & Game Room LB - Library in Front Entry FL - Florida Room beside GR GR - Great Room PDR - Private Dining Room WC - Wellness Center - Lower Level</p>			<p>1 Global Love Day</p> <p>Continental Breakfast in GR 7:30 am - 10:00 am</p> <p>10:30 am Line Dancing - GR 1:30 pm Mahjong - GR 4:00 pm Short Story Time-GR</p>	<p>2 National Day of Reason</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>1:00 pm Shopping Trip Outing 1:00 pm Book Club - PDR 6:30 pm Mahjong - GR 6:30 pm Poker - CGR</p>	<p>3 Lumpy Rug Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>2:00 pm Movie Time - GR</p>	<p>4 Kentucky Derby Day</p> <p>7:00 pm Rummikub Night - GR</p>
<p>5 Cinco De Mayo</p> 	<p>6 Nurses Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>2:00 pm Movie Time - GR 6:30 pm Poker Group-CGR</p>	<p>7 National Teachers Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Allied Band Exercise & Ask a Nurse - GR</p> <p>1:00 pm Shopping Trip Outing 2:00 pm Ice Cream Social-GR 3:30 pm Hand & Foot - GR 7:00 pm Game Time - GR</p>	<p>8 Free Trade Day</p> <p>Continental Breakfast in GR 7:30 am - 10:00 am</p> <p>10:30 am Line Dancing - GR 1:30 pm Mahjong - GR</p>	<p>9 National Moscato Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>1:00 pm Shopping Trip Outing 6:30 pm Mahjong - GR 6:30 pm Poker - CGR</p>	<p>10 National Public Gardens Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>2:00 pm Movie Time - GR</p>	<p>11 Hostess Cupcake Day</p> <p>7:00 pm Rummikub Night - GR</p>
<p>12 Mother's Day</p> 	<p>13 Frog Jumping Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>2:00 pm Movie Time - GR 6:30 pm Poker Group-CGR</p>	<p>14 National Chicken Dance Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Allied Band Exercise & Ask a Nurse - GR</p> <p>1:00 pm Shopping Trip Outing 2:00 pm Bingo - GR 3:30 pm Hand & Foot - GR 7:00 pm Game Time - GR</p>	<p>15 National Chocolate Chip Day</p> <p>Continental Breakfast in GR 7:30 am - 10:00 am</p> <p>10:30 am Line Dancing - GR 1:30 pm Mahjong - GR 7:00 pm Starlight Needlework-GR</p>	<p>16 Int'l Day of Light</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>1:00 pm Shopping Trip Outing 6:30 pm Mahjong - GR 6:30 pm Poker - CGR</p>	<p>17 Endangered Species Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Tai Chi Class-GR 2:00 pm Movie Time - GR 5:30 pm Resident Dinner</p>	<p>18 Preakness Horse Race</p> <p>7:00 pm Rummikub Night - GR</p>
<p>19 Ride a Unicycle Day</p> 	<p>20 Eliza Doolittle Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>2:00 pm Movie Time - GR 6:30 pm Poker Group-CGR</p>	<p>21 American Red Cross Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Allied Band Exercise & Ask a Nurse - GR</p> <p>1:00 pm Shopping Trip Outing 2:00 pm Birthday Party - GR 3:30 pm Hand & Foot - GR 7:00 pm Game Time</p>	<p>22 National Maritime Day</p> <p>Continental Breakfast in GR 7:30 am - 10:00 am</p> <p>10:30 am Line Dancing - GR 1:30 pm Mahjong - GR</p>	<p>23 World Turtle Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>1:00 pm Shopping Trip Outing 6:30 pm Mahjong - GR 6:30 pm Poker - CGR</p>	<p>24 International Tiara Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>2:00 pm Movie Time - GR</p>	<p>25 National Wine Day</p> <p>7:00 pm Rummikub Night - GR</p>
<p>26 Indianapolis 500 Day</p> 	<p>27 Memorial Day</p> 	<p>28 Sierra Club Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Allied Band Exercise & Ask a Nurse - GR</p> <p>1:00 pm Shopping Trip Outing 2:00 pm Bingo - GR 4:00 pm Hand & Foot - GR 7:00 pm Left-Right-Center - GR</p>	<p>29 National Senior Health & Fitness Day</p> <p>Continental Breakfast in GR 7:30 am - 10:00 am</p> <p>10:30 am Line Dancing - GR 1:30 pm Mahjong - GR</p> <p>6:30 pm Variety Show - GR</p>	<p>30 Mint Julep Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Freedom Home Care Exercise Class - GR</p> <p>1:00 pm Shopping Trip Outing 6:30 pm Mahjong - GR 6:30 pm Poker - CGR</p>	<p>31 Heat Awareness Day</p> <p>Continental Breakfast in GR 7:30 am - 10:30 am</p> <p>10:30 am Tai Chi Class-GR 1:00 pm Book Club - PDR 2:00 pm Movie Time - GR</p>	